FEELINGS
wheel

Feelings wheel with inner, middle, and outer rings:

Anger → Rage (Dread, Mortified, Anxious, Worried, Inadequate, Inferior, Hysterical, Panic, Helpless, Frightened), Hostile, Agitated, Frustrated, Annoyed, Aggravated, Resentful, Jealous, Contempt, Revolted

Fear → Horror (Hate, Dread, Mortified), Nervous (Insecure, Terror, Scared), Exasperated, Irritable, Envy

Love → Peaceful (Satisfied, Relieved, Compassionate, Caring), Tenderness (Infatuation, Passion, Attracted, Sentimental, Fondness), Desire (Longing, Affectionate), Enthralled (Romantic, Rapture, Enchanted, Jubilation, Euphoric, Zeal)

Joy → Elation (Excited, Hopeful, Eager), Enthusiastic (Illustrious), Optimistic (Triumphant), Proud (Blissful), Cheerful (Jovial), Happy (Delighted, Amused), Content (Satisfied, Pleased), Moved (Touched, Stimulated), Overcome (Astounded), Amazed (Speechless, Awe-struck, Astonished)

Surprise → Stunned (Shocked, Dismayed, Disillusioned, Perplexed), Confused, Amazed, Overcome

Sadness → Suffering (Agony, Hurt, Depressed, Sorrow, Dismayed, Displeased), Sadness (Regretful, Guilty, Isolated, Lonely, Grief, Powerless), Disappointed, Shameful, Neglected, Despair

Disgust → (Contempt, Revolted)