

THE SIGNS OF A HEROIN/OPIOID OVERDOSE



FACE

Is clammy to touch and has lost color. Has trouble speaking. Center part of the eyes are very small (sometimes called “pinpoint pupils”).



BODY

Is limp. Fingernails or lips are turning blue or purple.



SLEEP

Is deep and person cannot be woken.
Will not respond to your voice or



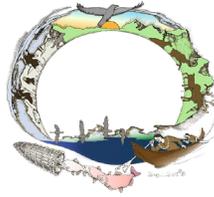
BREATHING

is slow or has stopped.



HEARTBEAT

is slow or has stopped.



Tanana
Chiefs
Conference

Division of Wellness & Prevention

Monday - Friday • 8:00 a.m. - 5:00 p.m.

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EMERGENCY INSTRUCTIONS FOR

NALOXONE NASAL SPRAY



STEP ONE **CHECK FOR HEROIN/ OPIOID OVERDOSE**



IF ANY OF THESE SIGNS ARE PRESENT, CONTINUE TO STEP 2:

- Failure to respond when spoken to.
- Failure to wake up when prompted.
- Slow or no breathing.
- Tiny pupils.
- If you suspect ANY symptoms of overdose administer Naloxone. Naloxone has no adverse side effects for someone not on opioids.

STEP TWO **ADMINISTER NARCAN® (Naloxone)**

Remove Naloxone Nasal Spray from the box. Each sprayer contains one dose.



FOLLOW THESE STEPS:

- Turn the person on their back.
- Tilt their head back.
- Support their neck with your hand.
- Insert the tip of the nozzle into either nostril.
- Press the plunger firmly to deliver dose.

STEP THREE **CALL FOR EMERGENCY HELP, EVALUATE, SUPPORT**

Naloxone gives time to get help, but the person is still in danger until they get emergency medical help.

ROLL THEM ONTO THEIR SIDE IN THIS POSITION.



WATCH CLOSELY FOR RESPONSE.

Give them a second dose in the other nostril if they do not respond in 2-3 minutes by:

- Waking up.
- Responding to voice or touch.
- Breathing normally.

**IF YOU ARE TRAINED IN CPR,
BEGIN AT ANY TIME AS NEEDED.**