

Vol. 47, No. 10

Get Out and Vote!

There are several important elections on the horizon and Tanana Chiefs Conference wants to remind you to get out and vote!

According to the 2020 Census data, it is estimated that Alaska Native people constitute 22 percent of the statewide population. If all Native people voted during a normal turnout

year, approximately 25 percent of the electorate at the polls would be Native. The Alaska Native vote is powerful and we have the opportunity to bring our priorities front and center.

Voting is so much more than just than just a ballot in a box. Voting or NOT voting can impact ALL aspect of our lives. We will never see real change unless we vote for it. Your vote is your voice - and you deserve to be heard. VOTE.

There are important seats to be filled this November, be sure to be informed and ready to get out and vote!

Learn more about ranked choice voting, upcoming election dates and about the candidates on pages 10-11.

The Chief Andrew Isaac Health Center has a new Facebook page

- Important Announcements Meet Our Staff
- Information about **Services**
- Health & Wellness Tips
- So Much More!





Issue:

In This Considering of Bylaw **Change** Page 3

Community Infrastucture Development Division

Page 5

Federal Fisheries Consultation

Page 6

Student Profile: **Elliot Hinz**

Page 15

Mission

Tanana Chiefs Conference provides a unified voice in advancing sovereign tribal governments through the promotion of physical and mental wellness, education, socioeconomic development, and culture of the Interior Alaska Native people.

Vision

Healthy, Strong, Unified Tribes



TCC Executive Board Members

Trimble Gilbert/Arctic Village 1st Traditional Chief

Andy Jimmie/Minto 2nd Traditional Chief

Brian Ridley/Eagle Chief/Chairman

Sharon Hildebrand/Nulato Vice President

Charlie Wright/Rampart Secretary/Treasurer

Herbie Demit/Tanacross Upper Tanana

Claude 'Joe' Petruska/Nikolai Upper Kuskokwim

Nancy James/Fort Yukon Yukon Flats

Eugene Paul/Holy Cross Lower Yukon

> Lori Baker/Minto Yukon Tanana

Charlie Green/Louden Yukon Koyukuk

Peter Demoski/Nulato Elder Advisor

Alex Hanna/Minto Youth Advisor

Chief's Report

Dear Tribes and Tribal Members,

October is already looking to be a very busy month with several important meetings taking place including the Alaska Federation of Native Annual Convention, the National Congress of American Indians Annual Convention, TCC's Executive Board Meeting and TCC leadership will be participating in a strategic planning session to guide the direction of our organization.

Additionally, the Department of the Interior (DOI) and the National Oceanic and Atmospheric Administration (NOAA) will be hosting a fisheries consultation where tribal leaders and subsistence users will have the opportunity to consult on fisheries protection and restoration. The meeting is set to take place on Friday, October 7th from 1:00pm-4:00pm at the Chief David Salmon Tribal Hall in Fairbanks. Participants can also participate remotely via Zoom. More information on this can be found on page 6 of this newsletter or on our website. I strongly encourage that our tribes and tribal members who are passionate about protecting our fish and our way of life participate in this meeting.

We are currently halfway through our fall subregional meetings and it feels great to be able to travel out to our villages again to participate in these meetings in-person, visit with tribal members and hear about the priorities of our Tribes. Recently, during the Yukon Koyukuk Subregional Meeting in Nulato I had the honor of welcoming a new member to our Executive Board of Directors – Chief Charlie Green of Louden. Chief Green was recently appointed to serve as representative for the Yukon Koyukuk Subregion until March 2023. I would like to acknowledge outgoing board member Chief Carl Burgett for his years of service to his subregion.

Next month, TCC will be hosting a Special Full Board of Directors Meeting November 15th-17th here in Fairbanks. Per direction from our Executive Board of Directors, the meeting will focus on several high-level topics including Hunting and Fishing, Water/Sewer, Housing and Resolution 2022-22, where the Full Board will consider the separation of the President's role and the Chief/Chairman's role. More information on this resolution is available on page 3 of this newsletter.

As always, TCC continues to work towards our vision of *Healthy, Strong, Unified Tribes.*

Mahsi' Choo, Brian Ridley Chief/Chairman

MISSING PERSONS











Debbie Nictun

If you or someone you know has any information on the whereabouts of these

individuals - please come forward!

Call the Alaska State Troopers at 907-451-5100, Fairbanks Police Department at 907-450-6500 or TCC Public Safety at 907-452-8251 ext.3269.

Visit www.tananachiefs.org/missing for more information.

TCC Tribal Leaders to Consider Bylaw Change at Special Meeting

November 15th-17th, Tanana Chiefs Conference will be hosting a Special Full Board of Directors Meeting where delegates will consider a change to TCC's bylaws that would separate the President role and the Chief/Chairman role. The consideration is a directive of Full Board Resolution 2022-22, which was submitted by Tanana and passed by the Full Board during the March 2022 Convention. The Resolution requires TCC staff to research the governance structure of other Alaskan Native organizations and present the data from the research and the proposed Bylaw changes at the special meeting in November.

Below are some of the commonly asked questions regarding the Bylaw change.

Why was this Resolution submitted for consideration?

The Resolution was submitted to encourage discussion on the governance structure of TCC and to determine the best leadership structure for the organization going forward.

What were the research findings on other Alaska Native organizations?

- Almost all Alaska Native organizations have a hired CEO (or president) position.
- TCC is currently the only Native health and social services delivery organization within Alaska that has an elected Chief/Chairman/President.
- Tlingit & Haida is the only Native organization that elects their President. The President is elected every 2 years, but there are no consecutive term limits.

If the Chief/Chairman and President position is split into two roles, which positions are elected and which position is hired?

If the tribes vote to split the position, the election process and term limits remain the same for the current Chief/Chairman position. The Full Board of Directors will continue to elect a "Chief/Chairman" every three years at the annual spring convention, and the consecutive two term limit will not change. The CEO/President position would be hired, evaluated, fired and disciplined by the Executive Board, which is chaired by the Chief/Chairman.

If the Chief/Chairman and President position is split into two roles, what will each position be responsible for?

The Chief/Chairman:

- Elected every three years by the Full Board of Directors, with a 2-term consecutive limit.
- Will provide leadership and management of board activities to include presiding at all meetings of the member villages, the Full Board of Directors, and the Executive Board of Directors.
- In partnership with TCC's Full Board of Directors, Executive Board and Executive Management Team to help

- set strategic direction for TCC, and oversee progress with Full Board Resolutions and the TCC strategic plan
- Is a TCC employee.
- Is subject to all Board and employee policies and eligibility requirements.

The President/CEO:

- Is hired by the TCC Executive Board of Directors.
- Shall supervise and manage the business, employees and daily affairs of the organization.
- Shall be managed by the Executive Board of Directors with ongoing performance evaluations.
- Is a TCC employee.
- Is subject to all Board and employee policies and eligibility requirements.

What are the potential benefits of splitting these roles?

- The Chief/Chairman may reside in his or her village, which could make it possible for more leaders across our region to consider running for this position since they would no longer have to relocate to Fairbanks.
- The Chief/Chairman would have the ability to focus additional time and resources to tribal and community development, and the advocacy work that is so critical to our future. The CEO/President can focus on the daily work that is so essential to TCC's ability to continue delivering quality services to our Tribes. The CEO/ President will also be able to prioritize the daily needs of the staff and our programs, sister organizations, partners as well as community support the advocacy work of the Chief/Chairman and the Executive
- Opportunity to determine the level of professional experience required by the President/CEO in order to manage our high-level and complex business operations effectively.
- TCC's constant change in leadership was identified as a risk/weakness to our organization both by financial investors and an outside Malcom Baldrige consultant through a 2021 business SWOT (Strengths,

- Weaknesses, Opportunities, Threats) analysis. Hiring a permanent CEO/President (although like any employee still subject to meeting performance expectations) would mitigate that risk/weakness.
- The change may help with recruitment and retention of employees, given that job uncertainty due to constant changes in leadership has been a factor as to why highly qualified candidates do not apply for jobs at TCC. The uncertainty has also been noted in exit interviews with prior employees, as a reason employees leave TCC.

What are the potential drawbacks to splitting these roles?

Some have expressed concerns regarding potential overlap and role confusion. However, this will be avoided with clearly defined roles for the Chief/Chairman and President/CEO.

During the Special Convention in November, can the Full Board of Directors vote to change any part of the Bylaws?

No, the current Bylaws state that alterations, amendments, repeals or new bylaws may be adopted by a majority of the Directors present at any regular meeting or special meeting, if at least thirty (30) days written notice is given by certified mail. Written notice will be sent out in October for proposed amendments only related to the splitting of the Chief/ Chairman and President/CEO position.

If the Tribes vote to split the position and amend the Bylaws, when does the change take place?

If the Bylaws are amended to split the positon, the Bylaws are effective immediately. However, the current Chief/ Chairman and President will continue to serve in both roles until both positions are hired and elected. The Executive Board will start establishing the hiring process and qualifications for the President/CEO position and may interview and hire a candidate. The Full Board of Directors will elect a new Chief/Chairman at the 2023 annual spring convention.

For more information visit www.tananachiefs.org/bylawchange



At 22 years old, Alex Hanna is acting Chairman of Emerging Leaders, TCC's Indigenous Youth Council, and also serves as the youth advisor of Tanana Chiefs Conference's Executive Board of Directors.

From his home village of Minto, Alaska, Alex travels to many of the Interior villages seeking to fulfill his mission of occupying every seat on the Emerging Leaders board before he ages out of the Youth Council next year. "Representation from every subregion was my campaign slogan and is still my priority as Chairman (of the

Emerging Leaders Board)," Alex says as he recalls the many weeks he's spent traveling during this role.

As the Youth Advisory member of the Executive Board, Alex works as a liaison between the two Councils, and says he has gained a lot of experience serving on the E-Board. He recalls not knowing much about TCC's healthcare departments, and learning a lot about the education, prevention, and subsistence programs once he began his tenure on the Executive Board. "There is so much to TCC that I wasn't familiar with before, but I'm

learning the networking skills and the operations within the Native community here, and how we partner with other organizations to advance Native rights."

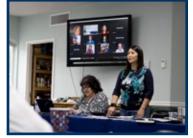
When asked of his future with TCC, Alex speaks of the desire to work in Tribal Government and Tribal Management. He expects the Emerging Leaders Council to attend and present at the Spring 2023 TCC Convention, and is excited about introducing representatives from each subregion to TCC shareholders.

TCC Takes Part In Fall Subregional Meetings



























Yukon Koyukuk Subregional Meeting - Nulato, AK

Introducing TCC's New

Community and Infrastructure Development Division

Tanana Chiefs Conference's new Community and Infrastructure Development Division is setting its sights on consolidating programs run by other divisions across the organization. This will ensure more focus is put on broadband access, housing and transportation needs, and climate change.

Dave Messier, former Rural Energy Coordinator, brings the necessary experience and scope of work to lead the new division into the future, and to create more accessibility and functionality in village infrastructure. When speaking about his new position as Director of the division, Dave cites the timing of the division's creation with available grant funding for broadband access.

"The new position allows me to leverage successes, partnerships and lessons learned from my focus on rural energy work, to help our villages benefit from the federal infrastructure dollars that are now available," he says. "Rather than focusing on individual projects, we can now systematize the approach to pair up project dollars with rural needs."

Last month, he met with Wahleah Johns, Director of the U.S. Department of Energy (DOE), Office of Indian Energy Policy and Programs, to discuss accessibility issues facing remote rural areas of Alaska after her return from a trip to Arctic Village; where she was able to experience first-hand the challenges our villages face.

Among the division's priorities is climate change. "We need to ensure that infrastructure is developed

with adaptability to changing climate conditions," he says of this facet of the mission. In order to make connections in rural village communities, Dave's contacts include Chiefs, Tribal Administrators, school staff, and locals who are involved with the community. "We work with whoever is going to help us get the job done," he says.

The Division of Community and Infrastructure Development is part of the Department of Tribal Government and Client Services. Amber Vaska, Executive Director of the department, says of the new division:

"Tribes have made it clear through their community plans and resolutions that infrastructure is one of the highest priorities for their communities, whether it is building additional homes, se-



curing broadband, or working towards energy sovereignty. At a time with unprecedented funding opportunities to address infrastructure needs, it made sense that TCC needed to focus its efforts to ensure our Tribes can maximize this opportunity. Through creating a framework of services focusing on community infrastructure, TCC hopes that we can assist our Tribes to accomplish some of their long standing infrastructure goals."

Please join us in extending a warm welcome to Dave. If you'd like more information on the Division of Community and Infrastructure Development, contact Dave Messier at (907) 452-8251 ext. 3479.



In honor of the true history of America's First Nations, TCC will be observing Indigneous Peoples' Day on Monday, October 10th. President Biden issued a proclamation commemorating Indigenous Peoples' Day in 2021, marking a shift in the course of celebrating Columbus Day each second Monday in October. Indigenous Peoples' Day is a recognition of the truth of colonization, a celebration of our rich Indigenous histories, and an opportunity for our Tribes to share their own narrative.

Chief/Chairman Brian Ridley believes this is an important step in the right direction. "TCC Tribal Leadership has recognized Indigenous Peoples day for many years." In 2015, our Full Board passed a resolution to officially recognize Indigenous Peoples Day throughout the region," he says. "Last year, we were pleased to see the day recognized at the federal level. It is a necessary and refreshing step toward restorative justice for Indigenous People across the nation."

Suicide Awareness Month

September was Suicide Awareness Month and Tanana Chiefs Conference understands that prevention and healing takes a community. If someone you know is showing signs of emotional pain, there are some simple and potentially life-saving measures that you can use to help them. If you or someone you know is in crisis, you can call or text 988 and someone will talk with you, any time, day or night.

TCC's Division of Wellness and Prevention offers crisis intervention support and training specific to people who are at risk for suicide. Call (907) 452-8251, ext. 3177 for more information. TCC's Behavioral Health provides mental health counseling services and can be reached at (907) 459-3800.

Federal Fisheries Consultation: Fisheries Protection & Restoration

Friday, October 7th • 1:00pm-4:00pm • Chief David Salmon Tribal Hall or Virtual Via Zoom

In June, the Arctic-Yukon-Kuskok- 1. How can federal agencies better wim Tribal Consortium (AYK), which is comprised of Tanana Chiefs Conference (TCC), Association of Village Council Presidents, Kawerak, the Kuskokwim River Inter-Tribal Fish Commission and the Yukon River Inter-Tribal Fish Commission, sent a letter to Secretary Haaland requesting a tribal consultation with the Department of Interior (DOI) and National Oceanic and Atmospheric Administration (NOAA) to address the current salmon crash in the Arctic-Yukon-Kuskokwim Region.

After two years of record declines, the North Pacific Management Council has continued down a path of insignificant action and failure to incorporate Tribal knowledge and perspectives into decision-making to ensure equity in fisheries management and sustainability of our fisheries into the future.

The DOI and NOAA welcome all comments, and we are specifically seeking input on the following questions:

- cooperate with Alaska Native Tribes, Alaska Native Consortia, Alaska Native Organizations, Alaska Native Corporations, and subsistence users to better protect and restore fisheries that Alaska Native communities depend on?
- How has bycatch impacted fish populations and fish availability for Alaska Native communities?
 - What are your suggestions for how the federal government can better address the impacts of bycatch?
- 3. How has climate change impacted fisheries decline?
- How can the process for federal fisheries disaster declarations be improved to better account for Alaska Native subsistence needs?
- 5. How can federal agencies better facilitate Tribal co-management of fisheries resources?



TCC encourages all of our Tribal leaders and subsistence users to attend this consultation scheduled for Friday, October 7th and the Chief David Salmon Tribal Hall.

Register to Attend Here: https://bit.ly/3SftOaD

Learn more:

https://www.tananachiefs.org/events/ fisheries-consultation/



and community gatherings.

people in Alaska.

Funding made possible from the

First Nations Development Institute, in

partnership with Denakanagga. We'd

like to thank the Indigenous Peoples"

Fund at Tides for sponsoring this

campaign to spread awareness of

food sovereignty, and its benefits to all

SCAN ME TO REGISTER



Tanana Chiefs Conference recently comprised a video series on food sovereignty in collaboration with the First Nations Development Institute, and we are excited to begin circulating them. Each of the videos focuses on different facets of the importance of food sovereignty in Alaska's rural villages; with common themes of cultural identity and the need to preserve the habitats of wildlife in order to preserve the ability for future generations to practice these traditions. Contributors to this project include Charlie Wright from Rampart, Eva Burke from Nenana, and Tiikan Galbreath from Mentasta/Anchorage. The stories are impactful and inspiring, and Tanana Chiefs hopes to uplift them to effect policy, preserve habitat, and advance

the message of land stewardship and protecting our way of life. These videos can be viewed on our youtube channel, and we encourage TCC shareholders and followers to share these with family and friends. These videos can be helpful in supporting your own food sovereignty efforts; shared in school settings, meetings,







Tips For Patients Traveling to Anchorage

- 1. Call Patient Housing at the Alaska Native Medical Center 2 weeks before your stay. This makes the check-in process easier and gives the patient access to preferred lodging.
- 2. Patients who use Medicaid but would prefer to stay at a hotel will need to make their own reservations. Some hotels require a deposit which isn't covered by the Alaska Native Medical Center or Tanana Chiefs Conference.
- 3. TCC is currently contracting with BAC Transportation in Anchorage for patients receiving services at ANMC. Keep an eye out for the black van outside of the airport, as well as the ANMC shuttle.
- 4. Double check the location of your appointment! Not all services are provided at the Alaska Native Medical Center some are off campus and require a shuttle to get there!

For more information or questions, contact:
Tanana Chiefs Conference Patient Travel • 1.800.478.6822 • (907) 451-6682 Ext 3711

Healthcare From Your Home! For your next appointment at the Chief Andrew Isaac Health Center request a video telehealth appointment and meet with your provider from the comfort of your own couch! Call us today to schedule at 907-451-6682, option 1.





and need assistance?

The ANMC-TCC Patient Advocates work closely with the medical teams at the Alaska Native Medical Center (ANMC) to ensure TCC patients receive clear communication about their care, excellent patient experiences, safe discharge plans, and access to support if concerns arise while at ANMC.

Please reach out to our ANMC-TCC Patient Advocates if needed.



Lucy Frank
Lead ANMC-TCC Patient Advocate
907-378-8002



April Johnson

ANMC-TCC Patient Advocate
907-687-9193

October is National Breast Cancer Awareness Who diagnosed with

Did you know that 1 in 8 women will be diagnosed with breast cancer in their lifetime? October is dedicated to increasing awareness about the importance of early detection of breast cancer, and all of us at Tanana Chiefs Conference want to provide you with some great educational information that could SAVE YOUR LIFE. The good news is that most women can survive breast cancer if it's found and treated early. A mammogram -- the screening test for breast cancer -- can help find breast cancer early when it's easier to treat.

At TCC, we follow the American Cancer Society breast cancer screening guidelines:

- If you are woman age 45-54, talk with your doctor about getting a mammogram every year.
- If you are a woman age 55 and older, talk with your doctor about every other year.
- Women may choose to start screening annually at 40, especially if there is a family history or other risk factors.



Chief Andrew Isaac Health Center (CAIHC) has one of the best mammogram machines in the state. It offers 3-D mammography, where the machine is able to detect small cancers that you may not be able to see on a regular mammography machine. All of us at TCC encourage everyone to get screened regularly.

Warning Signs

Knowing how your breasts normally look and feel is an important part of breast health. Finding breast cancer early as possible gives you a better chance of successful treatment. Knowing what to look for does not take the place of regular mammograms and other screening tests.

- A new lump/mass is the most common symptom
- Swelling of all or part of a breast (even if no distinct lump is felt)
- Skin irritation or dimpling
- · Breast or nipple pain
- Nipple retraction (turning inward)
- Redness, scaliness, or thickening of the nipple or breast skin
- Nipple discharge (other than breast milk)
- Sometimes breast cancer can spread to lymph nodes under the arm or around the collar bone and cause a lump or swelling there.

Because mammograms do not find every breast cancer, it is important to be aware of changes in your breast and to know the signs of breast cancer

Treatment

Your plan will be based on your stage, tumor type, baseline health, and family history. Your doctor will be able to recommend the most suitable route of care.

Standard Treatment

Most breast cancers are managed with a combination of surgery, radiation, and postoperative estrogen-blocking medication. Cancers that are more aggressive, or more advanced at the time of diagnosis may require chemotherapy before or after surgery.

Services Available

Most breast cancers can be managed here in Fairbanks with surgery performed by the surgery team at CAIHC. Radiation therapy is often performed by the local radiation oncologist at Fairbanks Memorial Hospital.

Follow-up Care

You'll need regular check-ups after treatment. This helps ensure that any changes in your health are noted and treated if needed

Call your provider and schedule your mammogram TODAY!



Lorelei Nelson, CDCS, ABHC, BHA II, Addictions Clinical Supervisor

Eight years ago, the Executive Board of Tanana Chiefs requested the creation of a Substance Abuse Department to address the dire impact that alcohol and drugs have had on our people. We set out to accomplish this task. In the beginning, we were a small team, but we have grown into what is now known as the Addictions Department at Tanana Chiefs Conference. This program has developed itself to provide a robust spectrum of treatment options by bolstering our Behavioral Health Aide Program, expanding the array of services available to our members, and providing continuing care in line with the guiding principle of Ch'eghwtsen'.

Beyond this, the Substance Abuse Department developed access to a wide range of treatment services that align with national guidelines for placement and intensity of treatment. Our most intensive level of treatment, ASAM Level 3.5 Clinically Managed Inpatient, is delivered through the Old Minto Family Recovery Camp, an Athabascan alternative to substance abuse treatment; a place to begin healing in a traditional setting. There, individuals participate in daily counseling and complete activities to promote self-sufficiency and wellness.

Recovery isn't a simple process, however, and often more engagement in services is needed, but at a less intense level. To address this need, we offer our continuing care services, which aim to bridge transitions from one level of care to another. Specifically, we provided ASAM Level 2.1 Intensive Outpatient with a step down to an ASAM Level 1.0 Outpatient services to allow for continuing care for those individuals coming out of Old Minto Family Recovery Camp, and other agencies in the region and for those whose impairment does not call for inpatient treatment.

As we took stock of the needs of our communities, we strengthened our Behavioral Health Aide program in an effort to make sure that trained community members could help to address the needs of their own communities. These staff members would be trained to facilitate group therapy, complete assessments, and work to address the unique needs of their service locations. With their unique backgrounds, our Behavioral Health Aides would provide strength, wisdom, and flexibility to our team and their communities.

In the beginning, staff were trained on how to facilitate different groups that our communities could benefit from. We offered group sessions and individual sessions to all clients who entered the program. At that time, we had four group sessions; Early Recovery Skills, Relapse Prevention, Rational Emotive Behavioral Therapy, and Anger Management.

Since then, we have expanded our services to address our community

needs by adding a wider selection of groups. Currently, we offer Domestic Violence Moral Reconation Therapy for both men and women, Parenting classes, Moral Reconation Therapy for both men and women, Dialectical Behavior Therapy, Seeking Safety for both men and women, the Living in Balance group, Prime for Life and Medically Assisted Treatment groups as well as the Early Recovery and Relapse Prevention groups. All of these continue care services are offered via tele-health in order to best address the needs of our rural communities.

Our services are also sensitive to the need for continuing care after treatment. To guide this continuing care, we look at the value of Ch'eghwtsen', or True Love, as a way of combining Alaskan Native Culture and Traditions with evidenced based practice. This allows us to take advantage of our tribal members' unique strengths to drive personal growth and recovery. With this, we are able to advance the Tanana Chiefs Conference goal of Healthy Unified Tribes.

Most recently, we have begun to tap into the benefits of offering more traditional healing, along with typical therapeutic techniques. By offering talking circles and beading groups, we are beginning to provide a more culturally informed approach to treatment. This allows us to better address the needs of our clients by pulling in strength from their heritage.



NEW! Behavioral Health Crisis Line

988 is more than just an easy-to-remember number—it's a direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress – whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support.

There is HOPE. The Lifeline WORKS. You are not alone in crisis.

GET OUT AND VOTE!

Important Election Dates

October 9th, 2022

Deadline to register to vote/update registration

October 24th, 2022

Absentee in-person, special needs voting begins

November 7th, 2022

Deadline to receive absentee by electronic transmission ballot applications.

November 8th, 2022

Deadline to receive absentee ballot postmarked on this date or before.

November 8th, 2022 General Election Day

Visit <u>elections.alaska.gov</u> for more information.

2022 STATE I FRISI ATIVE SCORFCARD



Les Gara/ Jessica Cook (D) Bill Walker/ Heidi Drygas (Non-Partisan) Mike Dunleavy/ Nancy Dahl- strom (R) Click Bishop (R) Senate R NO ANSWER			2022	IAILL	GISLATIV	L SCON	ILUAND				
Les Gara/ Jessica Cook (D) Gov/Lt Gov SUPPORT OPPOSE NO ANSWER NO ANSWE	NAME	ELECTION/	Indian Child	Exemption from	to waive sovereign	Tribes to compact state functions, such as:					
Jessica Cook (D) SUPPORT NO ANSWER SUPPORT SUPP	NAME	DISTRICT	Welfare Act		agreements with the	Child Protection	Education		Public Safety		
Heidi Drygas (Non-Partisan) Gov/Lt Gov SUPPORT NO ANSWER NO	Jessica Cook	Gov/Lt Gov	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT		
Nancy Dahl- strom (R) Charlie Pierce/ Edie Grunwald (R) Click Bishop (R) Senate R NO ANSWER	Heidi Drygas	Gov/Lt Gov	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT		
Edie Grunwald (R) Click Bishop (R) Senate R SUPPORT SUPPORT SUPPORT OPPOSE NO ANSWER	Nancy Dahl-	Gov/Lt Gov	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER		
Bishop (R) Senate R SUPPORT	Edie Grunwald	Gov/Lt Gov	OPPOSE	SUPPORT	OPPOSE	OPPOSE	OPPOSE	OPPOSE	OPPOSE		
Verhagen (R) Senate R NO ANSWER NO		Senate R	SUPPORT	SUPPORT	OPPOSE	SUPPORT	SUPPORT	SUPPORT	SUPPORT		
SENATE K NO ANSWER NO ANSWER NO ANSWER NU ANSWER NU ANSWER NU ANSWER NU ANSWER	_	Senate R	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER		
Williams (I)		Senate R	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER		
Mike Cronk (R) House 36 SUPPORT SUPPORT SUPPORT SUPPORT SUPPORT SUPPORT SUPPORT SUPPORT	Mike Cronk (R)	House 36	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT		
Angela Fitch Fowler (D) House 36 SUPPORT SUPPORT SUPPORT SUPPORT SUPPORT SUPPORT SUPPORT SUPPORT		House 36	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT	SUPPORT		

Ranked Choice Voting in the General Election

- Rank the candidates you like in order of preference.
- Your favorite is your first choice.
- Ranking other candidates doesn't affect your first choice.

If a candidate receives a majority of first-choice votes (50%+1), they win.

If no candidate receives a majority, the candidate with the fewest votes is eleminated and voters that ranked that candidate first have their vote counted for their next choice. This process continues until one candidate receives a majority of voters' choices.

Q: If I rank four candidates, does that mean I voted four times?

A: No. Only one vote counts per race. Your 2nd (or later) choice only matters if your 1st choice fails to get enough votes and is eliminated.

Q: What happens if there's a tie?

A: It's very unlikely that an RCV election will end in a tie. However, if there's a tie at any step of the process, it will be decided the same as it has been in the past. Alaska law says the tie is resolved "by lot", which means the division's director will flip a coin or draw straws.

	D CHOICE VOTING	,	_	_	_	
Instructions: Vote by ranking candidates of y			\circ	\circ)
 Rank as many or as few candidates as you like Completely fill in no more than one oval for each 						_
 Completely fill in no more than one oval for each For your 1st choice, fill in the oval in the 1st ch 		\circ	\circ	0		W
 For your 2nd choice, fill in the oval in the 2nd c 					8	
 For your 3rd choice, fill in the oval in the 3rd ch If you make a mistake, you can ask for a ne 		\circ		\cup	1	()
il you make a mistake, you can ask for a ne	W Dallot	\sim		\sim		Α_
PLEASE NOTE: A candidate's designated affiliation the political party or group or that the party or group candidate is registered as affiliated with the party or	p approves of or associates or group.					
the political party or group or that the party or group candidate is registered as affiliated with the party or	p approves of or associates i					
the political party or group or that the party or group candidate is registered as affiliated with the party or	p approves of or associates or group.				that	
the political party or group or that the party or group candidate is registered as affiliated with the party or United	p approves of or associates or group. States Representative	with that c	andidate,	but only	that	the
the political party or group or that the party or group candidate is registered as affiliated with the party or United	p approves of or associates or group. States Representative	with that c	andidate,	but only	that	the
the political party or group or that the party or group candidate is registered as affiliated with the party or	p approves of or associates or group. States Representative	with that c	andidate,	chest only	that	the
the political party or group or that the party or group candidate is registered as affiliated with the party or United : Bear resource (secolar)	p approves of or associates to group. States Representative talk chance chance	with that c	andidate,	chest only	that	the

Do Not		•	•	•	·w		1	2	3	4	5
rank a candidate more than once.	0	0	0	0	0	BEAR	0	0	•	0	0
			0			EAGLE	•	0	0	0	0
Do Not	1	2	3	4	10	CARIBOU	0	•	0	0	0
give multiple	:		0		0	SALMON	0	0	0	0	•
candidates the	•		0			Write-in:	0	0	0	•	0
same ranking.		0	0	0	0		_	_	-	-	_

Q. What offices are elected using Ranked Choice Voting?

A: President/Vice President, U.S. Senators, U.S. Representative, Governor/Lieutenant Governor, and all state representatives and state senators. The open, pick 1 primary will be used for U.S. Senators, U.S. Representative, Governor/Lieutenant Governor, and all state representatives and state senators, but not for President/Vice President.

For more information, contact GOTNV@citci.org or visit aknativevote.com

2022 FEDERAL LEGISLATIVE SCORECARD

NAME	ELECTION/ DISTRICT	Indian Child Welfare Act	Do you support or oppose Tribal consultation that requires a two-way exchange of information and directives for Federal agencies to address Tribal concerns to the extent practicable and permitted by law?	Requirement for Tribes to waive sovereign immunity to enter into agreements with the State of Alaska	Do you support or oppose the most robust environmental and cultural impact statements required under the law for resource extraction projects on Federal lands?
Patricia Chesbro (D)	US Senate	SUPPORT	SUPPORT	SUPPORT	SUPPORT
Kelly Tshibaka (R)	US Senate	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER
Lisa Murkowski (R)	US Senate	SUPPORT	SUPPORT	SUPPORT	SUPPORT
Nick Begich (R)	US House	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER
Sarah Palin (R)	US House	NO ANSWER	NO ANSWER	NO ANSWER	NO ANSWER
Mary Peltola (D)	US House	SUPPORT	SUPPORT	SUPPORT	SUPPORT

Health Aide Session IV Graduation

On Friday, August 19th, two TCC Health Aides graduated the Session IV training program, putting them one step closer to full Community Health Aide Practitioner certification. Cheyanne Esmailka of Nenana and Nicole Cleaver of Ruby have been working towards full CHAP certification – and serving as Health Aides in their home villages – for the past 4 years.

"All the session trainings and other trainings we are required to do are not easy or laid back," says Cheyanne. "The daily, weekly, and monthly duties we have along with seeing patients can be overwhelming at times."

"I got into this career not long after I graduated high school, and being so young I doubted myself," she recalls.

"But I knew there was a strong web of support behind me to help me succeed."

Nicole Cleaver says that the rewards she experiences come in the form of completing each session's training." Session trainings are not easy," she says. "But my family, and people in my community are proud of my accom-

plishments and how far I've come in the last three and a half years. I have a hard time finding a sitter for my kids during the duration of training, but I feel so proud of myself for sticking it out in this career."



Cheyanne and Nicole work diligently through the program while taking care of families at home. TCC is proud of all of our Health Aides, and would like the community to join us in thanking them for their services in our rural village communities.

September Head Start News

Head Start is back in full swing! Our teachers flew into Fairbanks and attended a week long pre-service event from August 22-26. We spent a week working together to ensure that we are providing the best education and environment that we can to our children and families. It was wonderful to see our teachers again and it was wonderful to see the excitement they felt for starting a new year with our families.

September is always busy trying to establish a routine with the kids and getting them back in the full swing of attending classes, while also working hard to make sure that all children are ready to learn as we work on their 45 day requirements. Educators will be doing an "all about me" theme that will focus on: hearing, vision, height, weight, and developmental screenings. The program tracks the health and development of children to ensure children are at optimal health and ready to learn as they attend school.

There are still spots available in many of our classrooms. If you have a child under the age of 4 that you'd like to be enrolled please contact Tanya Yatlin at 907-452-8251 or 800-478-6822 ext. 3469 for more information.

FY23 School Year sites:

Allakaket: Vacant

Grayling: Vacant

· Holy Cross: Vacant

 Huslia HS is open and EHS is vacant

Minto: Vacant

McGrath HS: Open

Nenana EHS & HS Open

Northway HS: Open

Nulato: Open

Tanana: Open

· Tetlin: open home visting

Tanacross HS: Open

Tok HS: Open

TCC Head Start has teamed up with the Dolly Parton Imagination Library!

Every month enrolled children from the ages of birth to 5 will get a free age appropriate book! Reading together is a wonderful way to build a lifelong love for reading with children and promote family time. If you do not have a local Head Start educator, please call Tanya. She's happy to assist.

Please contact Tanya Yatlin at 907-452-8251 or 800-478-6822 ext. 3469 for ways to sign up.

Head Start has positions open in the following villages:

Allakaket, Grayling, Holy Cross, Huslia, Minto, Nenana, Northway, Nulato, Tetlin and Tok.

There are also positions open in Fairbanks.

The positions available are Family Visitor, Preschool Lead Teacher, Assistant Teacher, Substitute Teacher, Staff Development/Regional Site Coordinator and Health, Nutrition and Safety Coordinator.

Please visit our website at www.ta-nanachiefs.org/careers to see what's open in your area or call

Kristi Walmsley at 907-452-8251 or 800-478-6822, ext. 3015.



Jennifer Russell, the Head Start Dept. Manager and Sheree Titus of Northway celebrating Sheree's Early Childhood Education (ECE) A.A.S. degree.

Community Health Aide Spotlight By Linden Staciokas Joanne Beck - Eagle Health Aide

By Linden Staciokas

that was meant for you when you feel driven to follow it not once, but twice. So it is with Joanne Beck, who was the Eagle Village Health Aide from 1990 to 1999, and then again from 2021 to now.

For Joanne, born in Tanana but raised in Eagle Village, health care could be called the family business. Her mother, aunt, and a cousin have all been health aides, and after a few career detours, Joanne joined them by becoming a health aide for Tanana Chiefs in 1990. Only in her 20s, she had already worked as an alcohol counselor for five years, and was ready for a change. When the health aide position in Eagle Village opened, Joanne made the leap, providing care to the people of her home village for the next decade.

While many people drop out of the intensive book learning and hands-on client contact required of students before they graduate the training program, Joanne found the challenge invigorating. Once she was back home, she understood even more why various family members had been drawn to a job where you are able to help the people you grew up around. It was a gift to be able to offer help and healing when people were the most vulnerable. Even though there was sorrow when someone received a terminal diagnosis, Joanne was still able to make their remaining time easier.

Busy with her job, she nonetheless managed to earn her A.A.S. in community health during those years. However, Joanne eventually began feeling the stress that she'd seen in her mother's face years before, when she had been a health aide. It would not help anyone to stay when she was worn out, so in 1999, Joanne left her position and became the tribal ad-

You know you've found the career ministrator. She was working for the village when the terrible flood of

> 2006 hit, wiping out the entire village and forcing it to move to higher ground. Even though the new location had a soil structure that finally allowed the village to put in running water and a septic system, picking up and moving to new homes was hard on the entire town.

Joanne decided she needed a break and that it was the perfect time for her to go off to college.

In 2011, she graduated from UAF with an AAS in culinary arts. For the next 13 years she worked as a chef at the Kantishna Roadhouse, the Doyon resort located in Denali National Park, as well as at Doyon's location up north. During the winter off-season, she was a residential aide in the Fairbanks Native Association's live-in alcohol treatment program, eventually becoming the head cook for the facility.

Ten years later, Joanne decided it was time to go home. She missed the life in a small remote village and her mother was now almost 80 but still healthy; Joanne wanted to spend time with her mother while they could still do activities together. As it happened, the health aide position was open again, so soon Joanne was back in the health field.

It was not exactly the same job she'd left. Computers were now a part of almost every action, from client casefiles and administrative paperwork to the very equipment used to diagnose and treat people. As Joanne says, "It seems like the stethoscope is the only thing left not run by a computer!" Telemedicine means that Joanne can collaborate with a physician in Fairbanks, whether for a medical emergency or a simple case discussion. It also means she has instant access to the latest medical research and information. A lifelong lover of learning, she

welcomes the opportunities she has for keeping her skills sharp so that she is, as she says, "Up on my game."

The fancy bells and whistles has not changed the essential job, however. As it had been the first time Joanne was a health aide about 25 years ago, one of the most gratifying parts is, "Having people trust me. I ask a lot of delicate questions and I assure my patients that what goes on here will not go beyond the door." It is humbling, and something Joanne does not take for granted.

When not working, she enjoys the outdoors. Fishing for grayling or berry picking, usually with her mother, and landscaping her yard are Joanne's main activities. She has planted crab apple trees and lilac bushes and is slowly clearing a spot for a garden. Being outdoors and leaning on her religion are the main ways she deals with the stress of the job.

She does not see leaving her job anytime soon, but she does dream of writing a series of children's books. The stories told to her by her grandmother, Louise Paul, were how the traditions and morals of her culture were passed on to Joanne. She would like to do the same for today's young children, but in books so that they can reach children who have grown up in the urban areas, with little contact with village life or full immersion in their culture. For now, though, Joanne is glad to be back living in the place she loves, doing the job she has always enjoyed.

Stephannie Christian, Joanne's supervisor, feels fortunate that Joanne is happy in her job and had this to say about her: "Joanne is wonderful to work with. Her love for her community is evident in all that she does. Eagle is lucky to have such a competent and caring person in the Health Aide position."

Mind, Body, Soul Wellness & Prevention Healthy Living Event

TCC's Wellness and Prevention assisted in a new event to promote Healthy Living, called the Mind, Body, Soul event. It was a three day event from August 12-14, 2022 that took place in Galena. Descriptions are below.

The Scavenger Hunt (Mind) included a Helmet Safety presentation and one of the tasks to do for the scavenger hunt, was to get head measurements to know what size helmet to buy. The other tasks included taking photos of the group doing activities around the community. Everyone had fun and left with great memories in their phone. Everyone who participated is invited to a future Wellness Pool Party.

The Triathlon (Body), 20 people signed up for the relay race and 10 signed up as individuals for the race (Canoe race, Bike race, and Running race). Everyone was cheering each other on and even some kiddos was

helping with little tasks that was super helpful. Everyone who participated got a t-shirt with the event information printed on it.

The Soul Care Street Fair (Soul) included booths with Bible study, water coloring painting, making stress balls, making play doh, and affirmation booklets. There was music playing and everyone

enjoyed the Root Beer Float stand.

We got a lot of great feedback and community members are excited to do it again next year. We encourage other communities to try and host in your village, if you need some guidance, contact Jennessa Miller at 907-452-8251, ext. 5327.



We would like to thank our sponsors for their generous support, Ayla Kalke, TCC Family Services, Gana-A'Yoo Limited, U.S. Fish and Wildlife Service, Picky Bars, Galena Bible Church, Galena Sports Authority, Sweetsir's Store, and the AC store.

















Narcan® Requests

If you live in the TCC region, contact the Division of Wellness & Prevention via phone or email to request Narcan OR Complete the TCC Narcan Request Form Survey online. We will make contact to fulfill your request.



TCC Division of Wellness & Prevention 907-452-8251 ext. 3400 • prevention@tananachiefs.org

Student Profile Elliott Hinz

Elliott, who is a Gwichyaa Zhee Gwich'in Tribal Government tribal member, is a recent graduate of Effie Kokrine Charter School; he participated in TCC GO from his sophomore year until he graduated. Elliott grew up in Dillingham, Virginia and Tennessee before moving to Fort Yukon at the beginning of 5th grade. During the spring semester of his sophomore year in 2020, he moved to Fairbanks two weeks before the state shut down for COVID. Remote learning during the COVID pandemic made his junior year miserable. For his senior year, he transferred to Effie Kokrine and found this to be a great experience - he enjoyed having competent teachers and great students in his classes.

Elliott participated in TCC GO throughout his sophomore, junior, and senior years of high school. As a junior, he completed a UAF Visual Storytelling course (sponsored by TCC GO). During his senior year, he participated in the TCC GO Career Explorers program - a partnership between UAF,

Effie Kokrine Charter School and TCC to provide high school students with career exploration and professional _

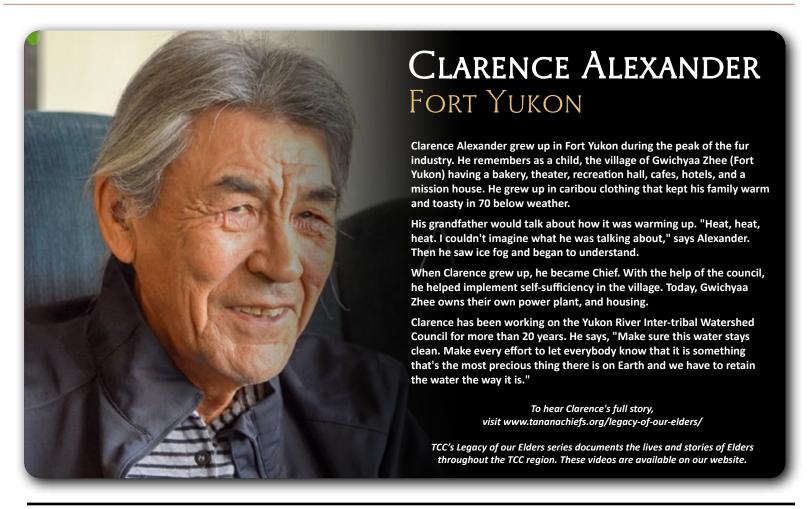
development courses for dual credit. Elliott feels that this program was helpful. He was able to meet with folks in various careers, learn to communicate professionally and how to prepare a resume - he especially liked the team building exercise at Arctic Sun VR.

Elliott also participated in RAHI (Rural Alaska Honors Institute) at UAF after he graduated from high school in May. He stated that this was a new experience as he had never had a roommate before or lived away from home. He did not know what to expect but wanted to get an idea about what it was like to live on campus while also taking college courses. While at RAHI he made some good friends,

had access to some passionate and good professors, and learned what to expect when he started UAF

in the fall. His experience with RAHI helped him learn the structure of classes and the layout of campus, unlike many other freshmen at the university. Elliott recommends RAHI and TCC GO to any high school student who wants to get an idea about what college will be like.

Elliott is attending UAF where he is pursuing a B.S. in Biological Sciences. He is enjoying his classes and, due to his work with TCC GO, Career Explorers and RAHI, has more credits on his record than the average freshman. Elliott has plans to attend pharmacy school after he finishes his degree.



OBS LISTED WEBE OBEN AS OF SEBTEMBER 40

The Council Newsletter

122 First Avenue, Suite 600 Fairbanks, Alaska 99701

(907) 452-8251 ext. 3424 communications_dept@tananachiefs.org www.tananachiefs.org



UPCOMING EVENTS

Federal Fisheries Consultation with DOI and NOAA

October 7th, 2022 • 1pm-4pm Chief David Salmon Tribal Hall

Indigenous Peoples Day

October 10th, 2022 • TCC Offices Closed

AFN Annual Convention

October 20th-22nd, 2022 • Anchorage, AK

Traditional Healing Gathering

October 25th-27th, 2022 • Fairbanks, AK

NCAI Annual Convention

October 30th - November 4th, 2022 • Sacramento, CA

Special Full Board of Directors Meeting

November 15th-17th, 2022 • Fairbanks, AK Westmark Hotel - Gold Room

Visit www.tananachiefs.org/calendar for more information.

SUBMIT YOUR PHOTOS FOR TCC'S 2023 CALENDAR!

Deadline to submit is October 14, 2022

Go to: www.tananachiefs.org/2023-tcc-calendar-submissions/

Fill out the form, upload pictures, give a caption and you're done!



Village Vacancies

- Alatna: Community Health Aide/Practitioner, Family Visitor, Tribal Administrator-Onsite Supervisor, Tribal Workforce Development Specialist
- Allakaket: Community Health Aide/Practitioner, Community Health Representative,
 Home Care Provider
- Anaktuvuk Pass: Behavioral Health Aide, Behavioral Health Aide Trainee
- Anvik: Rural Trauma Navigator, Substitute Elder Nutrition Cook, Tribal Family Youth Specialist, Tribal Workforce Development Specialist, Village Public Safety Officer
- Arctic Village: Home Care Provider, Tribal Administrator-Onsite Supervisor, Village Public Safety Officer
- Birch Creek: Rural Trauma Navigator
- Chalkyitsik: Behavioral Health Aide, Behavioral Health Aide Trainee, Community Health Aide/Practitioner, Tribal Family Youth Specialist, Village Public Safety Officer
- Circle: Community Health Aide/Practitioner, Rural Trauma Navigator, Substitute Elder Nutrition Cook, Tribal Family Youth Specialist
- Dot Lake: Behavioral Health Aide, Behavioral Health Aide Trainee, Community Health Aide/Practitioner
- Eagle: Community Health Aide/Practitioner, Home Care Provider, Rural Trauma

- Navigator, Tribal Family Youth Specialist
- Evansville: Community Health Aide/Practitioner, Elder Nutrition Cook
- Fort Yukon: Home Care Provider
- Galena: Behavioral Health Administrative Assistant II-ENC, Behavioral Health Clinical Associate-Galena, Behavioral Health Clinician, Clinical Support Staff/Medical Assistant, Nurse Practitioner – Galena, Physician Assistant - Primary Care, Galena, RN
- Grayling: Family Visitor, Preschool Assistant Teacher, Preschool Lead Teacher, Tribal Family Youth Specialist, Tribal Workforce Development Specialist, Village Public Safety Officer
- Healy Lake: Community Health Aide/ Practitioner, Rural Trauma Navigator, Village Public Safety Officer
- Holy Cross: Family Visitor, Home Care Provider
- Hughes: Community Health Aide/Practitioner, Tribal Workforce Development Specialist
- Huslia: Family Visitor, Substitute Teacher/ Assistant Teacher, Tribal Family Youth Specialist
- Kaltag: Community Health Aide/Practitioner, Tribal Administrator-Onsite Supervisor, Tribal Workforce Development Specialist

- Koyukuk: Tribal Office Administrative Assistant
- McGrath: Rural Trauma Navigator, Tribal Family Youth Specialist, Tribal Workforce Development Specialist
- Minto: Community Health Aide/Practitioner, Family Visitor, Rural Trauma Navigator
- Nenana: Clinical Support Staff/Medical Assistant, Infant/Toddler Teacher, Mary C Demientieff Health Center Operations Officer, Rural Safe Home Attendant, Substitute Teacher/Assistant Teacher, Tribal Administrator-Onsite Supervisor, Tribal Family Youth Specialist
- Nikolai: Elder Nutrition Cook, Tribal Administrator-Onsite Supervisor, Tribal Family Youth Specialist, Tribal Workforce Development Specialist
- Northway: Behavioral Health Aide, Behavioral Health Aide Trainee, Community Health Aide/Practitioner, Rural Safe Home Attendant, Substitute Teacher/Assistant Teacher, Village Public Safety Officer
- Nulato: Rural Safe Home Attendant, Substitute Teacher/Assistant Teacher, Tribal Workforce Development Specialist
- Old Minto: Camp Counselor I, OMFRC Camp Laborer, OMFRC Counselor I
- Rampart: Behavioral Health Aide, Behav-

- ioral Health Aide Trainee, Community Health Aide/Practitioner, Rural Trauma Navigator, Substitute Elder Nutrition Cook
- Ruby: Behavioral Health Aide, Behavioral Health Aide Trainee, Community Health Aide/Practitioner
- Stevens Village: Community Health Aide/Practitioner
- Takotna: Rural Trauma Navigator
- Tanacross: Community Health Aide/ Practitioner, Home Care Provider, Tribal Family Youth Specialist
- Telida: Tribal Administrator-Onsite Supervisor
- Tetlin: Behavioral Health Aide, Behavioral Health Aide Trainee, Community Health Aide/Practitioner, Family Visitor, Village Public Safety Officer
- Tok: Behavioral Health Clinical Associate-Tok, Certified Medical Assistant, Coordinator/Instructor Mid Level Practitioner, Facilities Technician, Nurse Practitioner Upper Tanana Health Center, Physician Assistant-Upper Tanana Health Center, RN, Service Desk Technician, Substitute Teacher/Assistant Teacher, Urgent Care RN Advanced, UTHC Environmental Services Technician I, Village Public Safety Officer-Regional Rover
- Venetie: Village Public Safety Officer