

For Bartenders:

"Baby's Berry Blast"

2 oz Pureed Strawberries

2 oz Blueberries (fresh or frozen)

1 Banana

Splash of Pineapple Juice

1 oz Coconut Milk Crushed Ice

"Nacer Cantando" ("Born Singing")

Vanilla Ice Cream

Banana Mix

Pina Colada Mix

Pineapple Juice

Whipped Cream & Cherry (on top)

"Sunrise Smile"

2 Scoops Orange Sherbet

½ oz Honey

½ oz Coco Lopez

2 oz Pureed Strawberries

2 oz Sliced Peaches w/ syrup

"Fruity Bam-Bam"

2 oz Pureed Strawberries

2 oz Peaches w/ syrup

½ Banana

2 oz Pineapple Juice

1 tsp Plain Yogurt

Crushed Ice

For home:

"Kina Polada"

1/4 cup Pineapple Chunks
1/4 cup Pineapple Juice
1/4 cup Coconut Cream
4 Ice Cubes

Blend well in a blender. Pour into two large glasses. Serve with a garnish of pineapple and a cherry.

"Cranberry Craze"

1/4 cup Cranberry Juice 1/4 cup Apple Juice

1/4 cup Sweet & Sour Mix

1/4 cup Ginger Ale

Mix first three ingredients well and pour over ice into two large glasses. Add ginger ale. Serve each with a wedge of lime.

"Tropical Passion"

1 -12 oz can Passion Fruit Nectar

1/4 cup Coconut Cream1 cup Crushed Pineapple

4 Ice Cubes

Blend well in a blender. Pour into two large glasses. Serve with a garnish of pineapple slice and a cherry.

"Strawberry Jazz"

4 frozen Strawberries1/4 cup Apple Juice1/4 cup Pineapple Juice

1/2 cup milk

Place ingredients in blender for several seconds. Pour into two large glasses. Garnish each with a strawberry.

Recipes from Pregnant Pause (ARC/NJ) and FAS Community Resource Center For 2001 FAS Awareness Day in Alaska