

## What TCC is doing about COVID-19



The month of March has always been an exciting time for Tanana Chiefs Conference. It is a time when friends, family, and leaders throughout the interior gather together to have important discussions and make decisions that direct the course of TCC's work. This year was a particularly important year with several seats up for election on the Executive

Board, including the election of TCC's Chief/Chairman who oversees the organization.

However, a little over a week before TCC's 2020 Annual Convention and Full Board of Directors Meeting was set to start, COVID-19 (Coronavirus) had already begin to spread in Washington, and Americans were being told to be cautious. After

encouragement from numerous tribal leadership, the TCC Executive Board made the decision to postpone the Annual Convention until the threat of COVID-19 passed. As a result, Chief/Chairman Victor Joseph will continue in his position until an election can be held.

**Continued on page 2.**



## COVID-19

Tanana Chiefs Conference is taking the necessary precautions to ensure the safety of both our employees and those we serve.

TCC has implemented the Incident Command Team to ensure that there is a plan in place to respond quickly if the COVID-19 does come to the Interior.

**For more information and tips from the CDC, see page 10.**

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## MISSION STATEMENT

Tanana Chiefs Conference provides a unified voice in advancing sovereign tribal governments through the promotion of physical and mental wellness, education, socioeconomic development, and culture of the Interior Alaska Native people.

## VISION

Healthy, Strong, Unified Tribes



## TCC EXECUTIVE BOARD MEMBERS

Donald Honea Sr./Ruby  
*1st Traditional Chief*

Trimble Gilbert/Arctic Village  
*2nd Traditional Chief*

Victor Joseph/ Tanana  
*Chief/Chairman*

Charlene Stern/Arctic Village  
*Vice President*

Jerry Isaac/Tanacross  
*Secretary/Treasurer*

William "Chaaiy" Albert/Northway  
*Upper Tanana*

Nick Alexia Sr./Nikolai  
*Upper Kuskokwim*

Nancy James/Fort Yukon  
*Yukon Flats*

Eugene Paul/Holy Cross  
*Lower Yukon*

Frank Thompson/ Evansville  
*Yukon Tanana*

Norman 'Carl' Burgett/ Huslia  
*Yukon Koyukuk*

Peter Demoski/Nulato  
*Elder Advisor*

Jolie Murray/Beaver  
*Youth Advisor*

# CHIEF'S REPORT



## Continued from page 1.

In the meantime, TCC has been taking as many preventative measures as possible to ensure the safety of the tribes, employees, and the community.

At the time this article was written (March 19th, 2020) the following safety measures were implemented:

- TCC limited services offered at TCC and allowed employees to work from home.
- TCC suspended all non-essential services at the Chief Andrew Isaac Health Center and are asking that patients only come in if it is absolutely necessary and limited people at the clinic to only those who are seeking care at the time.
- TCC began contacting patients to ask them to either cancel, postpone, or deliver their appointment via phone or video conferencing.
- TCC offered prescription refills to be mailed to patients in an effort to limit the amount of patients at the pharmacy.
- Drive-thru testing for COVID-19 was set up at the Chief Andrew Isaac Health Center
- TCC leadership participate in daily calls with tribal leadership and activated TCC Incident Command Team, which is set in place to respond to emergency situations.
- Restricted access to our village clinics (See Page 8)
- TCC set up a hotline for those who have questions about COVID-19. 907-451-6682, dial 9

By the time you receive this newsletter, the COVID-19 situation has most likely changed, as it has been rapidly evolving each day. We want all of you to know that TCC is taking the threat of COVID-19 seriously and doing everything they can to ensure the safety of everyone. If possible, visit our website and Facebook page to get up-to-date information.

In the meantime, please look out for one another; Reach out to your friends and family to make sure that they are doing OK, Check on the elders in your life and see if they need someone to shop for them or check their mail, and Check on the single parents who need supplies for their children.

Be cautious if you are experiencing flu-like symptoms; fever, cough and shortness of breath. You should self-isolate, cover your cough, and practice social distancing at all times.

Alaskans are strong and resilient. If we all work together to protect one another, will make it through this. The only way we will get through this – is by working together and embracing the spirit of Ch'eghwtsen'.

Ana Bassee,  
**Victor Joseph**  
Chief/Chairman

## SOCIAL DISTANCING

During difficult times, we as Alaska Native people usually gather together to comfort and uplift one another – which means social distancing is difficult for many of us, especially when it comes to our loved ones.

If we want to slow the spread of COVID-19 and keep our communities and our loved ones safe – we have to be diligent in keeping distance from one another.

So please, stay in your homes, only go out if you absolutely have to, and keep a distance of 6ft away.



# COVID-19 (NOVEL CORONAVIRUS)

Watch for these symptoms:

The following symptoms may appear **2-14 days** after exposure.



If you develop emergency warning signs for COVID-19 get **medical attention immediately**.

Emergency warning signs include:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in chest
- New confusion or inability to arouse
- Bluish lips or face

If you are experiencing symptoms, please call the Community Health Aide (CHA) or Primary Care Provider (PCP) prior to visiting the clinic.

**Helpful Tips from the Center for Disease Control and Prevention:**

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



## Chief Andrew Isaac Health Center

In order to keep our employees and patients safe, TCC is screening patients at the **MAIN** entrance of Chief Andrew Isaac Health Center and closing all other entrances.



## Chief Peter John Tribal Building

In order to keep our employees and patients safe, TCC is screening staff and patients at the **NORTH** entrance of Chief Peter John Tribal Building and closing all other entrances.

## Village Clinic – Restricted Access for Services COVID-19 Response

Village clinic operations will be reduced to urgent and emergency services. Please consider clinics closed for all routine/elective/non urgent services effectively immediately.

Patients with health care questions or needing a clinic visit

- MUST first continue to call their village clinic.
- If there is no health aide or they are not available, patients may call 1-800-478-6822, option 9

The village based providers including health aides and the on-call CAIHC will coordinate to address as many issues as possible through the phone with each patient.

If it is determined the patient should be evaluated at the village clinic and the patient has no respiratory

symptoms the patient should schedule the appointment and will be seen at the appointment time.

If it is determined the patient needs further evaluation and the patient reports respiratory symptoms; fever, cough or shortness of breath.

- The patient should schedule the appointment and will be seen.
- A decision will be made if the patient can be evaluated by a
  - by video teleconference or
  - home visit or
  - at the clinic
- If decided patient needs to come to the clinic, the health aide/rural provider will prepare for the visit by wearing full personal protective equipment and patient will be asked to wear a mask.

We understand this cannot cover

every single scenario but Tanana Chiefs Conference will continue to make every effort to provide the services needed for the patients we serve. We appreciate your patience as we work to protect our communities, patients and staff to the best of our ability.

Every effort and protective measure will be followed to ensure the safety of our patients and staff this may include full protective equipment during emergency medical care and other protective measures.

TCC response to COVID-19 is an evolving situation and circumstances may change often so we will make every effort to update this document as needed.



### MARY DEACON, GRAYLING

This month's Legacy elder is Mary Deacon of Grayling, who was featured in Volume Six of Legacy of our Elders series.

Mary was born April 8, 1939 at Railroad City across from Holy Cross at the mouth of the Innoko River.

"My first memories was of being in fish camp," remembers Deacon. She and her family would go from Holikachuk to the Yukon to fish during the summertime. "Everything looked green. I'd see the trees, the leaves moving. I'd blink my eye and I'd see lots of red things hanging up. That was the fish that my mom and dad caught."

When Deacon gave birth to her first child at a young age, her parents gave her important advice that she would continue to carry with her the rest of her life. They said, 'You're going to take care of that baby. That's your responsibility. You're gonna make sure she's taken care of. That's our grandchild and we're gonna be in the background. If you need help, we'll help. But the most responsibility is on you to teach her, take care of her, and love her.'

"...and they did love my child."

Deacon's words of advice are simple: "Treat others as you want them to treat you, and look after each other," she says. "The main thing is be responsible."

Deacon continues her parents' legacy of love in the way she treats her grandchildren and great grandchildren. "I thank the lord every day for them," smiles Deacon. "They come in and say, 'Great Grandma, where are you?' I'm gonna be right here. I'm here to give you a hug."

To hear Mary's full story, visit [www.tananachiefs.org](http://www.tananachiefs.org)

TCC's Legacy of our Elders series documents the lives and stories of Athabascan elders throughout the TCC region. Their interviews are compiled into volumes that include a DVD movie as well as an accompanying book. The books and DVDs highlight the elders and the stories that they want to share. These videos are available on our website at [www.tananachiefs.org](http://www.tananachiefs.org)  
Funding for Legacy Project made possible by TCC & The National Park Service.



# Use These 5 Goals When Talking to Kids about Alcohol and Other Drugs

TCC Prevention through Wellness Program  
SAMSHA - Talk They Hear You

Research suggest that one of the most important factors in healthy child development is a strong, open relationship with a parent or caregiver. It is important to start talking to your children about alcohol and other drugs before they are exposed to them.

## 1. Show you disapprove of underage drinking and other drug misuse/

Over 80 percent of young people ages 10–18 say their parents are the leading influence on their decision whether to drink. Send a clear and strong message that you disapprove of underage drinking and misuse of other drugs.

## 2. Show you care about your child's health, wellness, and success.

Young people are more likely to listen when they know you're on

their side. Reinforce why you don't want your child to drink or use other drugs—because you want your child to be happy and safe. The conversation will go a lot better if you're open and you show concern.

## 3. Show you're a good source of information about alcohol and other drugs.

You want your child to make informed decisions about alcohol and other drugs with reliable information about their dangers. You don't want your child to learn about alcohol and other drugs from unreliable sources.

Establish yourself as a trustworthy source of information.

## 4. Show you're paying attention and you'll discourage risky behaviors.

Show you're aware of what your child is up to, as young people

are more likely to drink or use other drugs if they think no one will notice. Do this in a subtle way, without prying.

## 5. Build your child's skills and strategies for avoiding underage drinking and drug use.

Even if you don't think your child wants to drink or try other drugs, peer pressure is a powerful thing. Having a plan to avoid alcohol and drug use can help children make better choices. Talk with your child about what they would do if faced with a decision about alcohol and drugs, such as texting a code word to a family member or practicing how they'll say "no thanks."

**Keep it low-key. Don't worry, you don't have to get everything across in one talk. Plan to have many short talks.**

## Understanding Purchased Referred Care Referral Process

Purchase Referred Care (PRC) funding is a special, limited funding source from Indian Health Services, that can pay for certain health care services that are not available within the Tribal System, which includes Alaska Native Medical Center.

PRC funding comes with strict and specific guidelines and requirements. All requirements need to be verified and met before PRC can pay for services rendered outside the Tribal system.

Therefore, every patient who is referred outside of Chief Andrew Isaac Health Center for services will need to be screened by Purchased Referred Care to verify for the following Indian Health Service funding requirements:

- Tribal enrollment in a Federally Recognized Tribe
- Must show Residency within the Tanana Chiefs Conference service unit
- Alternate Resource screening such as Medicare, Medicaid, Veteran Administration, Workers Compensation and other private health insurances. *(If a patient has alternate resources or is eligible for alternate resources, PRC can not pay).*
- Is the referral medically necessary and justified; and "whether or not the referral meets the IHS medical priority level of care." Referrals that may not be covered by PRC; such as Acne, Bunions, Podiatry, Acupuncture, Fertility, Chiropractic Services, etc.

When all of these requirements are met and the patient is eligible for PRC and the service is authorized for payment, a Purchase Order will be issued to the non-Tribal provider.

The patient is responsible for picking up the purchase order on the day of the appointment and for each follow up visit to ensure that the visit has been approved for payment. Please call 451-6682 ext. 3613 to ensure that your purchase order has been approved and ready for pickup.

These are the Indian Health Services Rules to ensure Purchased Referred Care funds are available to sufficiently pay for the services that have been authorized.

### QUESTIONS?

Contact PRC at 907-451-6682/1-800-478-6682 ext. 3613





# ANVIK Culture & Wellness Camp

The Anvik Culture Camp was held at the Julia Walker camp site on the Bosaila River. Participants at the camp had the opportunity to learn from elders about their language, land, and storytelling. The youth participated in beading and making dreamcatchers. Throughout the camp, the youth

were able to learn about rod and reel fishing, moose hunting, and duck hunting. The goal of this camp was to have the youth be proud of who they are and where they come from through cultural beliefs. TCC staff attended and spoke to the youth about bullying, boat safety,

making good life choices, and alcohol and drug prevention.

At each camp, the youth each received a survival bag that includes a poncho, heat-reflective blanket, water bottle, mirror, whistle, flashlight, and pocket knife/multi-tool and learned how each device could save their life.

For more information or to watch recaps of the 2019 camps, visit our website at [www.tananachiefs.org/culture-and-wellness-camps](http://www.tananachiefs.org/culture-and-wellness-camps)





## Retirement Celebration!

Everyone here at TCC would like to express our appreciation to Gladys Bergman for her 33 years as a Community Health Aide Practitioner.

On Friday, February 28th, Allakaket held a retirement celebration in her honor.

Thank you for your years of service to your community, Gladys. We hope you enjoy retirement!



## What Vegetable Varieties Grew Well in Summer 2019?

By Heidi Rader, Tribes Extension Educator, TCC

In the summer of 2019, we tested different vegetable varieties at the Georgeson Botanical Garden. In replicated trials, we trialed beets, snap beans carrots, celery, and corn. Brussels sprouts were trialed in unreplicated or preliminary trials. Replicated trials mean the vegetables were grown in three different plots. Preliminary trials were done mainly to decide which crops and varieties warranted further testing.

The goal of these trials is to help Interior Alaska gardeners and farmers like you decide whether or not to stick with your tried-and-true varieties or try something new. Sometimes we're forced to try new varieties when old favorites are "improved" or discontinued.

We're also focusing on crops that have been considered borderline in the past either because of the number of days to maturity or because of their heat requirements. It's possible that climate change could expand the number of crops and varieties we can grow in Interior Alaska. The Alaska Garden Helper app could help gardeners and farmers understand the influence more: <https://www.snap.uaf.edu/tools/gardenhelper/> For example, most varieties of Brussels sprouts need 100 days to mature and some even require upwards of 200 days. Even though there are more and more short day corn varieties, corn still loves the heat. Heat is not so important for celery, but it does require most of the summer to mature. I should mention too that these are not the best crops



to grow if you have a small space and want to maximize your production. I talk about the crops where you can get the biggest bang for your buck in this article: [bit.ly/2Twb7mf](http://bit.ly/2Twb7mf).

You can find this year's vegetable variety report here, along with variety trial reports from past years by going to <http://afesresearch.uaf.edu/publications/> and selecting "variety trials" from the drop-down menu.

If you don't get a chance to read the full report, here are some highlights. Surprisingly, in snap bean trials, Provider was the lowest performing variety. This is surprising because

Provider has long been the standard for cold hardiness. I welcome this development as Provider has a tough, leathery texture and has never been a favorite of mine. As the name would imply, Jumbo is a large bean, tied Rocdor for the highest yield, and also scored highest in taste tests. Larger beans could be an advantage for a busy farmer or gardener because it's faster to pick larger beans. Rocdor, a yellow bean, scored second highest on taste and highest for texture.

Subeto and Zeppo were the top two yielding beets, and in some cases, produced beets almost half a pound in size.

Bolero was the highest yielding variety, followed by Napoli, followed by Napoli. Nelson, an old favorite that is no longer widely available, was the lowest yielding variety, but we think that's because it was old seed. Bolero also received the highest taste and texture scores, but because taste

tests were done a month or so after they were harvested, this is more an indication of storability.

Corn varieties Legend, Café, & Espresso (I'm not sure what the coffee connection is) were the top producers, but other varieties were close behind. Early Sunglow and Earlivee produced smaller ears and weren't as tasty but they were early as the name advertises. Sugar Pearl was a standout in terms of taste and texture, while Sugar Buns, Sweetness, and Espresso followed close behind.

Some of varieties produced truly behemoth heads of celery—Nero and Tall Utah 52-70 Improved produced heads that averaged close to 5 lbs. a head. Some of the Tall Utah stalks were hollow though. Merengo was the best tasting variety and also was the highest yielding variety

We had problems with loose Brussels sprouts in several varieties, but in our preliminary trials, Dagan was the top yielding variety. Gustus was the lowest yielding but had the best flavor and texture.

In addition to weighing each crop and variety, we also rated each variety in terms of plant vigor, bolting sensitivity (or susceptibility to bolt), uniformity, pest resistance, disease resistance and taste.

You can look forward to more vegetable trials in the summer of 2020. While we unfortunately are not able to test as many crops and varieties as we would like to, you can consult the "Recommended Variety List for Interior Alaska," for additional suggestions on what you might want to grow this year <http://bit.ly/2U6Ptn9>.

This project was supported by the Federally Recognized Tribes Extension Program of the National Institute of Food and Agriculture, USDA Grant # 2017-41580-26928. Any opinions, findings, conclusions, or recommendations expressed in this publication are those of the author (s) and do not necessarily reflect the view of the U.S. Department of Agriculture.

# DO YOU KNOW SOMEONE IN PRISON WHO IS INNOCENT?

If you know of a family member or friend who is actually innocent but in prison, the Alaska Innocence Project wants to know about this person.

The Alaska Innocence Project (AKIP) is a nonprofit organization dedicated to identifying and freeing those wrongfully convicted in the State of Alaska.

If you know of someone who is in prison and is innocent, let AKIP know. The tribal administrator can help you contact AKIP.

What you need to do:

- **Write or email AKIP**  
Alaska Innocence Project  
P.O. Box 201656  
Anchorage, Alaska 99520-1656  
info@alaskainnocence.org
- **Identify the person** you are writing about, where they are imprisoned if you know, and any information about their case.
- **Contact the tribal administrator** and let them know you know of an innocent person in prison and that you want to contact AKIP about this person.
- Provide a **return address or email**.

If you know someone who might need our assistance, please pass this information on.

**ALASKA**  
INNOCENCE PROJECT

## Community Health Aide Spotlight

### Amber Jimmie - Minto Health Aide

By Cheyenna Kuplack  
Communications Coordinator, TCC

"Being able to help my community is the best part," says Amber Jimmie, whose Community Health Aide (CHA) career was inspired by her grandfather, Andy Jimmie. "He's very passionate about Rural Health. He is always talking about wanting better health care in rural areas. A lot of us became working in the health field because of him." Jimmie follows her grandfather's example by encouraging others to become Health Aides as well.

Jimmie grew up in Minto, where she has served four years as a village health aide. Before becoming a Health Aide, Jimmie began worked in Minto as a teacher aide, a store clerk, and a homemaker.

"I heard stories of other Health Aides having to go to Nome or Sitka; they are a lot farther from family. With Minto on

the road system, I could come home on the weekends," she says about attending the Community Health Aide Program (CHAP) at Tanana Chiefs Conference. "I've been a Health Aide for four years; I finished all my training in three years. It helped a lot to see my kids on the weekends."

"Being in a rural area when we have huge emergencies, waiting for the medivac can be a long time. One time I waited for 19 hours with a patient," Jimmie says about the challenges of being a village health aide.

Jimmie is excited about furthering her education in the health field by working towards a degree from the University of Fairbanks Alaska in

Community Health and the Medical Reception program. These classes will qualify her for the CNA program.

Ryan Clairmont, CHAP Coordinator/Instructor, says, "She's always volunteering to put in more hours than she is required to. The biggest thing is she always travels when there is need in another village if there is a health aide gone...Amber has always been somebody that responded to that and volunteered to travel and cover to provide health care in another community."

In her free time, Jimmie enjoys spending time with her children, crocheting, and attending community events.







## LHS U.S. Academic Decathlon Team won its 12<sup>th</sup> State Title!

The Lathrop High School U.S. Academic Decathlon team won its 12th state title at a competition in Anchorage on Saturday. From left: Kiana Ake, Daisy Morotti, Ben Pilon, Victor Zhou, Henry Haas, Kyle Van Hatten, Wesley Theis, Ayden Accola and Luke Martin.

*Photo courtesy Chris Benshoof*

*Submitted by Daisy Stevens*

## CEDS Activity Update: Call for Public Comment

Renee Linton, Rural Economic Development Specialist, TCC

Do you reside in the TCC interior region? If the answer is yes, then you are a perfect candidate to provide comment(s) about the economic development activities in the TCC region.

### What is the CEDS?

The CEDS is an economic development-planning five year plan that combines the input from the community and stakeholders to address and guide economic prosperity and resiliency in Interior Alaska. The CEDS promotes regional collaboration, attracts federal funding by demonstrating resources are used efficiently and effectively. The CEDS is more than a planning document but rather it generates region-wide discussion and serves for a call to action for positive economic development.

Chapter 4 of the TCC CEDS is entitled: 'Regional SWOT Analysis' which illustrates and creates a picture of where the economy of the TCC region is today.

"We seize Opportunity by building on our Strengths, and addressing our Weaknesses, while managing Threats to our success." -Barbara Wyckoff

### Here are a couple of questions to consider before commenting:

Question 1: In your opinion, what makes the Interior Alaska economy strong?

Question 2: In your opinion, what is the biggest unaddressed need in the region, the need which most stands in the way of productive economic development?

Question 3: In your opinion, what is the biggest opportunity in the region for productive economic development?

Question 4: In your opinion, what is the biggest threat in the region, the threat which most stands in the way of productive economic development?

### How can I make a comment on the CEDS?

After reading the CEDS document, please leave your feedback or comments in the following survey:

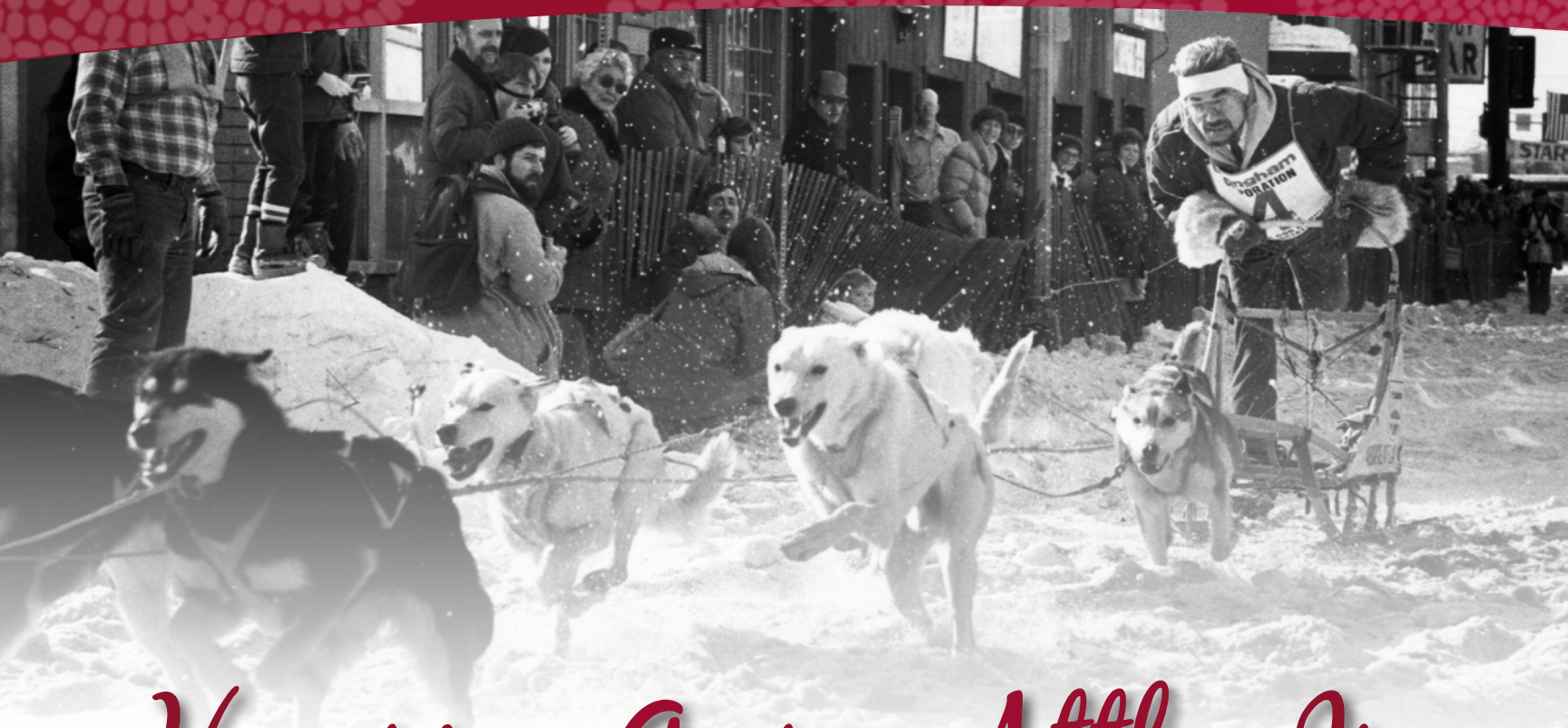
<https://www.surveymonkey.com/r/HPNYFGR>

The CEDS document can be viewed here: [https://www.tananachiefs.org/wp-content/uploads/2018/12/TCC Comprehensive Economic Development Strategy FINAL-2018.pdf](https://www.tananachiefs.org/wp-content/uploads/2018/12/TCC_Comprehensive_Economic_Development_Strategy_FINAL-2018.pdf)

Please direct any questions and comments on the CEDS to Renee Linton, Rural Economic Development Specialist, Tanana Chiefs Conference by phone 1-800-478-6822 or email at [renee.linton@tananachiefs.org](mailto:renee.linton@tananachiefs.org)

*A paper copy of the CEDS will be made available upon request.*

**THE COMMENT PERIOD WILL END APRIL 30, 2020**



# Honoring George Attla, Jr.

In 1933 at a fish camp just below Koyukuk on the Yukon River, a champion was born. That champion was George Attla Jr. George was raised in a subsistence lifestyle – fishing and hunting off the land with his family. George grew up to become known as a champion of Dog mushing, of the traditional lifestyle, and for Native Alaskans.

By the 1950's George had already become a legendary open-class sprint dog racer. His name is known

and respected throughout the world. Known as the “Huslia Hustler” Attla Jr. won countless races and was even inducted into the first Alaska Sports Hall of Fame and later famed the Best Musher of the 20th Century.

Governor Steve Cowper proclaimed April 29th, 1988 as “George Attla Day” and Tanana Chiefs Conference felt it was important to recognize his accomplishments and name April 29th as “George Attla Day”.

Submitted by the Beaver Village

Council in 2015, the Full Board of Directors passed resolution 2015-01 to honor him each year on that day. All TCC calendars now read “George Attla Day” on April 29th and it will remain a time to honor a true Alaskan champion.





# 2.5GHZ RURAL TRIBAL WINDOW

Application window closes August 3, 2020

## WHAT IS 2.5GHZ RURAL TRIBAL WINDOW

The 2.5GHz Rural Tribal Window is an opportunity to apply for usage of the 2.5GHz wireless spectrum over eligible areas without paying for the traditional spectrum usage license.

**This application window is open from February 3, 2020 to August 3, 2020.**

The frequency is subdivided into 3 channels which can be applied for individually. Once an application is granted, licensees have 2 years to provide frequency coverage to 50% of the population in the area they submitted to cover and 5 years to provide frequency coverage to 80% of the population in the area they submitted to cover. If the first deadline is not met, the second deadline becomes a 4 year target. If this second deadline is not met, the license is cancelled.

## WHAT 2.5GHZ DOES AND WHAT IT DOESN'T DO

**2.5GHz is not internet.** It is a means of distribution to endpoints at a location. While technically it is very similar to WiFi, without

existing broadband internet at a location (middle mile/ backhaul), the 2.5GHz provides limited utility.

Middle mile technologies to our communities could be point to point microwave relays. While backhaul technologies might come in the form of fiber optic or satellite technologies. Using traditional and existing satellite connectivity as a backhaul would result in poor performance and limited speeds spread across all users, further degrading the experience.

This spectrum could be used in point to point microwave links with the addition of towers that would have to be approved, installed, powered, managed, and maintained.

## GOING FORWARD

**All eligible villages should apply.** Special consideration should be given to the village statistical area versus the actual usage area. Coverage zones should be crafted to encompass larger traditional areas in a circular pattern that can account natural radio signal propagation and prevent claims of interference and

expensive mitigation techniques if future entities wish to utilize the spectrum under a different license near existing zones.

Tribes should apply for all 3 available channels, even if no feasible middle mile or backhaul currently exists. The spectrum can be used as a means of connecting village homes and mobile devices in order to share information with each other, even if they can't currently get out to the internet.

Applying now preserves this limited time offer at no cost and no penalties if the build out requirements are not met. Licenses can be leased to 3rd parties immediately upon their approval to assist in meeting the build out requirements.

TCC is here to assist Tribes. There should be a solid understanding of who will run the application process because if overlapping applications are submitted, there is potential for the applicants to be forced to bid against each other to resolve the mutual exclusivity issues per existing law.

## TIPS TO HELP REDUCE STRESS

- Take a run or walk it out!
- Turn on the music and dance.
- Breathe
- Talk about it
- Go to bed earlier
- Focus on what you CAN control
- Smile
- Exercise
- Go outdoors
- Eat healthy, well-balanced meals

Brought to you from the Division of Wellness & Prevention.





Tanana  
Chiefs  
Conference

## THE COUNCIL NEWSLETTER

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Letters to the Editor, other written contributions and photo submissions are welcome. However, space is limited and program-oriented news has priority. We reserve the right to edit or reject material. Letters and opinions are not necessarily the opinions of Tanana Chiefs Conference.

Follow us:     

## JOIN THE TCC FAMILY

[WWW.TANACHIEFS.ORG](http://WWW.TANACHIEFS.ORG)

### Village Vacancies

- Community Health Aide/Practitioner (Alatna, Chalkyitsik, Circle, Dot Lake, Healy Lake, Kaltag, Stevens Village)
- Family Visitor(Allakaket, McGrath, Shageluk, Tanacross,
- Community Health Representative(Allakaket)
- Tribal Family Youth Specialist(Allakaket, Nenana)
- Behavioral Health Aide(Anaktuvuk Pass, Chalkyitsik, Dot Lake, Northway, Rampart, Ruby)
- Substitute Elder Nutrition Cook(Arctic Village, Chalkyitsik, Huslia, McGrath, Rampart)
- Home Care Provider(Arctic Village, Beaver, Fort Yukon, McGrath, Nikolai)
- Elder Nutrition Cook(Chalkyitsik, Evansville, McGrath)
- Village Public Safety Officer(Chalkyitsik, Grayling, Huslia, McGrath, Northway, Nulato, Tetlin, Venetie)
- Lead Teacher(Fort Yukon)
- Edgar Nollner Health Center Director(Galena)
- Infant/Toddler Teacher(Galena)
- Tribal Administrator-Onsite Supervisor(Hughes, Rampart)
- Community Health Aide(Koyukuk)
- RN Case Manager(Nenana)
- Preschool Lead Teacher(Tanancross)

### Fairbanks Vacancies

- Community Health Aide/Practitioner (Alatna, Chalkyitsik, Circle, Dot Lake, Healy Lake, Kaltag, Stevens Village)
- Family Visitor(Allakaket, McGrath, Shageluk, Tanacross,
- Community Health Representative(Allakaket)
- Tribal Family Youth Specialist(Allakaket, Nenana)
- Behavioral Health Aide(Anaktuvuk Pass, Chalkyitsik, Dot Lake, Northway, Rampart, Ruby)
- Substitute Elder Nutrition Cook(Arctic Village, Chalkyitsik, Huslia, McGrath, Rampart)
- Home Care Provider(Arctic Village, Beaver, Fort Yukon, McGrath, Nikolai)
- Elder Nutrition Cook(Chalkyitsik, Evansville, McGrath)
- Village Public Safety Officer(Chalkyitsik, Grayling, Huslia, McGrath, Northway, Nulato, Tetlin, Venetie)

### Region- Wide Vacancies

- Intake Services Coordinator
- Medical Coder II
- Community Health Aide/Practitioner - Itinerant

JOB LISTED WERE OPEN AS OF March 10, 2020

## UPCOMING MEETINGS/EVENTS

Self Governance Conference  
April 27-29, 2020 • San Francisco, CA

TCC Closed  
May 25, 2020 • Memorial Day

37th Annual Alaska Tribal Court Conference  
April 21-23, 2020 • Westmark Hotel • Fairbanks, AK  
Register at: <https://uaf.edu/tribal/atcc/index.php>

## MAKE SURE YOUR COMMUNITY PLAN IS UPDATED

There is growing concern about the novel Corona virus disease, COVID 19. Also, breakup is just a couple months away. Now is the time to update your community's emergency response plan! Many of your villages have completed Small Community emergency Response Plans (SCERPs). These can be updated by replacing the pages with names and phone numbers. If your community has not yet completed one, the information is available from the State here <https://ready.alaska.gov/Plans/SCERP>.

You can also contact TCC OEH at ex. 3436 or [kyle.wright@tananachiefs.org](mailto:kyle.wright@tananachiefs.org) with questions or for assistance in your emergency preparedness efforts. One of the OEH Environmental Health Specialists will work with you on your plans.

