

TANANA CHIEFS CONFERENCE
OLD MINTO FAMILY RECOVERY CAMP



ITEMS NEEDED PRIOR TO ENTERING CAMP

1. Current Physical Exam
 2. Current TB Test *-within the last 6 months*
 3. Current Dental Exam
1-3 is required for all family members who plan to attend.
 4. Current Criminal History (for adults)
 5. Mental Health Assessment if a person has been diagnosed with a co-existing disorder or self reports symptoms that indicate a need for further evaluation. ~Please note if there are any mental health concerns for the children of the patient attending treatment, they will need to be screened also.
- If you reside outside Fairbanks: we will need your travel arrangements to and from Fairbanks and your referral papers.

PLEASE keep in touch with the Intake Counselor at the Old Minto Family Recovery Camp at least once a week! We need to know that you are interested and motivated so that we can take care of Intake Paperwork and confirm bed space for desired session. If you do not contact us, we will assume you are not interested. All that are accepted for treatment (Fairbanks) will be enrolled into pre-treatment and expected to participate. Lack of participation could result in losing your bed space.

TAKE CARE OF ALL COURT, PERSONAL, LEGAL, FINANCIAL, AND FAMILY OBLIGATIONS BEFORE YOU GO TO OLD MINTO FAMILY RECOVERY CAMP.

We will provide ◇ all meals ◇ laundry soap ◇ work gloves ◇ insect repellent ◇ tools for working ◇ hand soap ◇ lamps/candles ◇ wood ◇

The Old Minto Family Recovery Camp has *no* electricity, *no* running water, and wood stoves are used. Please do not bring any unnecessary items, as you will be traveling to the camp by a small plane in the winter and by a boat in the summer. ****There are no stores in Old Minto. ****

Please let your family and friends know to send your mail to the office at:

Tanana Chiefs Conference
OMFRC
"Client name"
122 First Avenue, Suite 600
Fairbanks, AK 99701

**YOU ARE ALLOWED ONE PHONE CALL AT THE END OF THE 2ND WEEK
CELL PHONES ARE NOT ALLOWED AT CAMP!**

We do not allow phone calls to the camp directly-we will take messages at the office and forward them to the counselors at camp when they are received.

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WHAT THE CLIENT MUST BRING

- **Sleeping bags, bedding, towels** for all family members.
- **Clothes** appropriate for the weather and travel.
- **Personal Hygiene:** Tooth brush, toothpaste, shampoo/conditioner, feminine products, soap, shaving items, non-alcoholic mouth wash, q-tips, etc.
- You are welcome to bring your supplies for: beading, knitting, carving, and sewing.
- **Diapers, wipes, baby food** for infants (TO LAST 40 DAYS.)
- Cigarettes and chew. (40 day supply)
- **WE WILL NO LONGER ALLOW SODA AND EXCESSIVE JUNK FOOD AT CAMP**
- **Native food:** dry meat/fish, etc.— optional.
- **NON-NARCOTIC medication only**-a full 40 day supply if possible.
- **Alarm clock**-battery powered, **flashlight**.
- **Stamps and envelopes**- Please have your own supply. We do not provide these items AND due to **CONFIDENTIALITY** we will not call family and friends to pick up envelopes.
- **Calling Card.**

*In case of bad weather we ask the client to bring a 40 day supply of medication, baby food/diapers, etc.

► **We do not allow VICTOR (unemployment) calls during treatment.** ◀

In the event that you cannot bring in any personal items at the time you are scheduled to go to camp, you can write to your family and friends or call before you leave the office and let them know that we have staff change out every Thursday in which staff go by boat or plane. If they drop your things off it can go to camp that way-REMEMBER-there is limited space available.

STAFF WILL NOT shop for the clients.

Thank you.